

A lot of people have pain somewhere in their body. The doctor has said that the cause is arthrosis, wear. The images confirm the diagnosis.

They have forgotten that even if we take scans or x-rays of healthy totally pain free people, we do find arthrosis in their joints and back. So: ARTHROSIS IS NOT THE SAME THING AS PAIN!!

A big part of chronic pain can be HEALED COMPLETELY!!

A good method in order to find the tissues that cause your pain is to ask your doctor to locally anaesthetize all painful spots. (Diagnostic aneesthesia). If the pain disappears or at least diminishes considerably you have found the causing tissue and it can then be treated until the pain is gone. (amazon: "How to Cure Myofascial Pain").